

# RELAPSING FEVER

- Caused by bacteria obtained from tick bites
  - Soft ticks feed for short periods of time (an hour) and the organisms are inoculated within minutes
- Symptoms
  - Periods of fever, chills, headaches, body aches, muscle aches, and cough, alternating with periods when the fever subsides
- Countermeasures
  - Use the DOD Insect Repellent System
  - Sleep under a permethrin-treated bed net
  - Regular examination of clothing and skin for ticks; promptly remove attached ticks

Prevent tick bites

